

**Meeting:** Torbay Health & Wellbeing Board **Date:** 26 September 2024

**Wards affected:** All

**Report Title:** Torbay Joint Health & Wellbeing Strategy 6 monthly progress report

**When does the decision need to be implemented?** No decision required, report for information

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## 1. Purpose of Report

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- 1.1 The Torbay Joint Health and Wellbeing Strategy 2022-26 was published in July 2022. The Health and Wellbeing Board receives six monthly progress reports and this paper provides a fifth progress report on implementation.
- 1.2 The paper highlights latest developments and any risks or challenges that have been flagged by individual programmes, for members to review.

## 2. Reason for Proposal and its benefits

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- 2.1 The proposals in this report will help us to deliver improvements in the health and wellbeing of our population by setting priorities for delivery and monitoring achievement.

## 3. Recommendation(s) / Proposed Decision

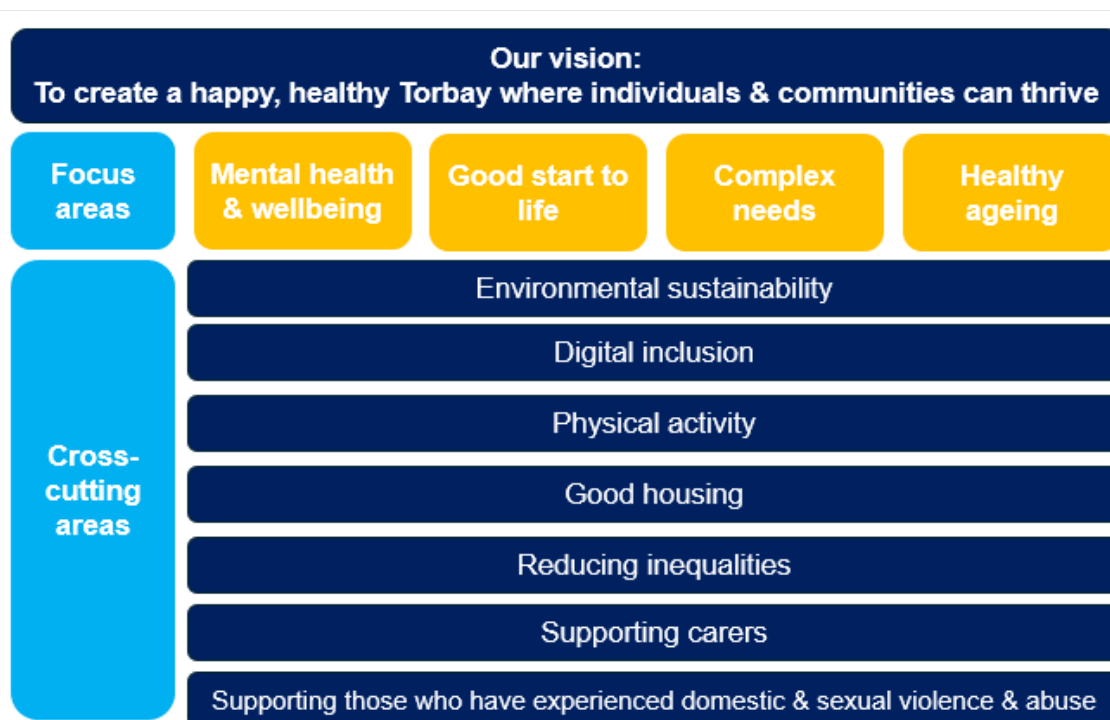
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Members are asked to note progress in delivery.

### 1. Introduction

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- 1.1 The Joint Health and Wellbeing Strategy is a statutory requirement for all upper tier local authorities and represents the priorities and work programme of the Health and Wellbeing Board in response to the Joint Strategic Needs Assessment.
- 1.2 The Joint Health and Wellbeing Strategy 2022-26 sets out five areas of focus and seven cross-cutting areas:




- 1.3 An outcome framework was developed to monitor delivery of the Strategy. Each priority area is required to report to the Health and Wellbeing Board on a six monthly basis, covering progress against objectives, support for cross-cutting areas, and any engagement work undertaken with communities. Each report also gives an overall statement on progress with the opportunity to highlight risks or barriers.
- 1.4 A data summary report is produced by the Public Health Intelligence team with the latest data indicators for each priority area. These are included under each priority programme area below.

## Key to the data sections:

RAG (Red, amber, green) rating:

 Torbay value is statistically significantly worse than the England value/ Torbay value is worse compared to the goal

 Torbay value is not statistically significantly different to the England value/ Torbay value is similar compared to the goal

 Torbay value is statistically significantly better than the England value/ Torbay value is better compared to the goal

Measures below with the Office of Health Improvement and Disparities (OHID) as a source can be found in the public health profiles at <https://fingertips.phe.org.uk>

It should be noted that figures fluctuate and the important factor is the overall, consistent trend. Many figures are reported one or two years retrospectively. **Figures highlighted in red** have been updated since the March 2024 report. Figures in black have not been updated.

## 2. Progress on delivery to September 2024

2.1 Progress is reported against each priority programme area below.

### Mental health and wellbeing

*Programme update: Overall on track*

The Torbay Mental Health and Suicide Prevention Alliance has now merged with the reinvigorated Torbay Suicide Prevention Plan Group. Workstreams are being taken forward via the Torbay Suicide Prevention Plan Group and its associated action groups.

Under the Torbay Multi-agency Suicide Prevention Plan 2024-27 three action groups have been established which align to its three priority areas. Actions are being co-developed by these groups and will determine the direction of local suicide prevention in the coming years. The suicide rate has remained stable (16.6 per 100,000 in 2022) after re-basing to the Census 2021 population. Latest data shows a reduction in rate which is being treated with caution due to long coronial delays which are leading to late registration of deaths. (This is not included in the data report below).

Community: Local Action on Suicide Prevention grants were awarded to the following local organisations this year to support suicide prevention: Sound Communities CIC, Devon Clinic CIC, Gaia Giving CIC, Maker Arts CIC, Phoenix Rising CIC and I can do that! CIC.

The self-harm health needs assessment will be published in chapters as they are completed. The data chapter is being reviewed before publication with summary information being disseminated to multi-agency partners as relevant to their work.

Mental health and wellbeing support via the helpline has continued for another year, with a reduced capacity for higher level mental health needs. Continued investment means Torbay residents are able to access mental health and wellbeing support that is person-centred, accessible, timely and can work alongside NHS provision where relevant. Arrangements are being made to continue this support for 2025/26.

NHS Devon and partners are collaborating on the re-procurement of children’s emotional health and wellbeing services which will include face to face and digital support prior to CAMHS for 11-18 year olds.

Workplace wellbeing is one of the six priority areas in Torbay Council’s ‘Our People Strategy, 2024-29’. A standalone Workplace Wellbeing Strategy 2024-26 has been finalised. Success measures will include: a reduction in staff sickness/absenteeism, an increase in staff retention, improved relationships between staff and management, and improvement in employee engagement.

The Multiple Complex Needs Alliance are piloting support for people who have been bereaved by substance misuse. It follows a similar model to that provided by Pete’s Dragons for suicide bereavement support. The aim is to maintain/improve mental health and wellbeing, prevent substance misuse relapse and reduce the risk of suicide in those who are bereaved.

Through Torbay on the Move, a number of initiatives have been delivered that not only aim to get more people, more active, more often but in doing so, they also improve overall health and wellbeing. Examples include the Healthy Selfie Trail, the first ever Torbay Workplace Challenge, the return of Park Yoga, BayWalks, an expanded Bikeability and Learn to Ride offer and Connecting Actively to Nature programmes. A 12-month pilot project aimed at unlocking the benefits of physical activity for those experiencing poor mental health has also been delivered.

*Risks and issues:*

*Data report*

Number	Measure	Time period	Unit type	Torbay	Devon wide	England	Trend of previous figures	Which way is better
<b>Good mental health</b>								
1	People with a low happiness score - self reported (aged 16+)	2022/23	%	11.4%	7.3%	8.9%		Lower is better
2	People with a high anxiety score - self reported (aged 16+)	2022/23	%	27.4%	21.8%	23.3%		Lower is better
3	Prevalence of mental health issues (all ages)- on GP registers (schizophrenia, bipolar affective disorder and other psychoses)	2022/23	%	1.30%	1.04%	1.00%		Lower is better
4	Prevalence of depression (aged 18+) - on GP registers	2022/23	%	14.8%	13.8%	13.2%		Lower is better
5	Hospital admissions as a result of self-harm (aged 10-24 years)	2022/23	Per 100,000	605.4	458.5	319.0		Lower is better
6	Suicide rate	2020-22	Per 100,000	16.6	12.5	10.3		Lower is better

The Annual Population Survey asks people to rate their personal wellbeing:

- In Torbay 11.4% of people reported **low happiness levels** (1) in 2022/23, the England average was 8.9%. Torbay has increased since previous years but is not statistically

different (using 95% confidence intervals) from England or other years. The previous five years have varied between 8% - 9% in Torbay.

- The percentage reporting **high anxiety levels** (2) in Torbay has fluctuated in the last few years but is on a generally increasing trend over the years shown, and is 27.4% in 2022/23.

The GP Quality and Outcomes Framework (QOF) records the proportion of patients with mental health issues:

- The recorded percentage of patients with **schizophrenia, bipolar affective disorder and other psychoses** (3) in Torbay practices has remained in the highest quintile (i.e. the highest fifth) in England for the 11 years shown. The figure has remained quite level for a number of years although there is a gradually increasing trend over the time period in both Torbay and England.
- Just over one in seven patients aged 18+ are recorded as having **depression** (4) in Torbay GP registers in 2022/23. Torbay has been in the second highest quintile in England for seven years. It is on a steadily increasing trend, as is the England figure.
- Hospital admissions for self-harm are more prevalent in younger people and far more so in females. The admission rate for **self-harm in 10 to 24 year olds** (5) continues to remain significantly higher than the England average as it has for at least the last decade. It has been on a generally reducing trend since a peak in 2015/16. As this data shows admissions rather than individuals it will be influenced by individuals admitted more than once, sometimes several or many times.
- Torbay's **suicide rate** (6) (classified as intentional self harm or undetermined intent) remains significantly higher than England as it has for the last seven periods (each period is reported annually as a rolling figure of three years combined). In the most recent period, 2020-22, Torbay has the same rate as the previous period of 16.6 per 100,000. This equates to 58 individuals. Torbay's rate has been gradually reducing since the peak in 2016-18 but there have been around 20 suicides registered per year for a number of years.

## Good start to life

*Programme update: Overall on track*

**Ensuring families have access to the services they need**

The Family Hubs Start for Life programmes are now embedded into the Torbay Family Hubs model. The offer continues to be collaborative across the Council, health care services, and voluntary sector.

Families increasingly have access to the help they need in each of the three towns that make up Torbay, through the Family Hubs model. Support that sits outside the core 0-19 provision includes:

- Infant Feeding
- Perinatal Infant Mental Health
- Parenting
- Home Learning Environment and Portage
- Drop-in surgeries including for cost of living, youth homelessness prevention, family group conference, reducing parental conflict.
- Youth services
- SEND support and advice
- Oral health, healthy weight, nutrition and physical activity

### **Infant Feeding and Perinatal Infant Mental Health, and Breathing Space**

Infant Feeding and Perinatal Infant Mental Health provision continues to be welcomed by families, and families are increasingly aware of the importance of parent infant relationships on good emotional and physical health outcomes. Work is being done to ensure these provisions can continue past the end of the government grant funding in March 2025 as they sit outside of the core 0-19 contract and budget.

All Family Hubs now offer and advertise a baby feeding friendly space, where mothers can attend a Hub knowing they will have privacy and support if needed when breastfeeding their baby.

The Health Visiting team are aiming for Gold accreditation from UNICEF's Baby Friendly Initiative scheme. The scheme awards accreditation to health care providers who can evidence they offer a holistic and baby/family led approach to breastfeeding support and parent infant relationships, ensuring families are knowledgeable, empowered and supported with their infant feeding choices at the earliest opportunity. The Health Visiting team have been assessed for Gold accreditation with results of the assessment due by the end of the autumn.

As part of the mandated antenatal visit lead by Public Health Nurses, a Pregnancy and Post birth Wellbeing Plan has been introduced at each appointment and perinatal mental health being considered at all Health Visitor mandated checks.

A leaflet will be available to all families antenatally which includes services that are available for Pregnancy and the first 24 months: You and Your baby's Mental Health and Wellbeing.

Emotional Wellbeing Visits continue to be offered to families where a support need has been identified and low-level emotional wellbeing sessions are offered within the Family Hub setting. Face to face therapeutic interventions are also offered to families by a Specialist practitioner and Newborn Behaviour Observation sessions offered.

Breathing Space is a team who support families where children are considered to be at the edge of care, and offers intensive support for women who have had children removed

from their care and are in the early stages of another pregnancy. More data and information is to come from this programme of support.

### **Portage and Home Learning Environment**

The Portage team provide workshops each term at each Family Hub on developing independence skills, total communication and supporting play and interaction. Since September, these have been attended by 56 families. In addition, the Portage team has provided a home visiting service to 46 families.

Since December, the Home Learning Environment Outreach worker has provided Chat, Play, Read (a government initiative supporting parents with interactive with their children to encourage development) support to 22 families. Many of these families experience social anxiety. Therefore, a follow-on step to support families to engage in groups with their children has been introduced. This began in May and to date 5 families have attended. The outreach worker has also made presentations in various locations to recruit 20 people to become Chat Play Read champions. Visits have also been carried out at toddler groups, Centre Piece, Women's Institute and Hyperspace to spread the message. 'People supporting parents and children to learn together' is a parenting group which provides a teaching element that the family works on each week.

### **Parenting Programme as part of the Family Hubs offer**

Parenting drop-ins at the Hubs have had a low uptake. To replace them a weekly advice and support line has been introduced and will be run by a support worker. Families can self-refer into the advice and support line. As a result of the support line, three coffee mornings have been arranged at the Hubs, encouraging peer support.

The Housing and Cost of Living surgeries at the Hubs have very good attendance, especially with children's services. People can self-refer through the bookings system on the Family Hubs website.

Action for Children and Family Hubs parenting offers have QR codes for self-referral including into Early Help - which is the mechanism for targeted support with multi agency planning. Early help has its own front in terms of a portal and referrals no longer must come via the Multi Agency Safeguarding Hub (MASH), which reduces barriers for families receiving support. Early Years Settings, Health Visitors, midwives, parent care panels and other practitioners are signposting and referring into the Hub services which enables families to access support at a universal level. Some parenting support offer includes:

- Adapted parenting offer (workshops 4 weekly)
- Parenting with play sessions
- Weekly parenting drop ins (Torquay and Brixham)
- Housing and cost of living surgeries monthly in each hub
- Reducing parental conflict offer - virtual and physical in each Hub
- Restore relationships course (women only) run from Paignton Hub (Jan - April 2024).

### **Action for Children**

The Early Communication 0-5s offer is going to be published in September on the Family Hubs website and promoted widely. It is based on a stepping stones model, where

families can understand what support is available to them at each stage of their child's development.

Bookstart is a gifting books programme for 3-4 year old, Action for Children are using Early Years deprivation data and Early Years People Premium data to target settings.

Support for children with speech, language and communication needs is being identified early through Public Health nursing and Early Years as well as a skilled Family Hubs workforce and one-on-one help is offered from the Family Hubs within four weeks. There is a collaborative, integrated support offer for families including from Public Health Nursing, Children's Social Care including Portage and Home Learning, Action for Children, Early Years and NHS Commissioned Speech and Language Therapy (SALT) services.

*Risks and issues:*

Family Hubs Start for Life government funding is ending in March 2025, where some programmes will be at risk if resources cannot be sustained. These include Perinatal Infant Mental Health, Infant Feeding and Peer Support enhanced offers of support.

*Data report*

Number	Measure	Time period	Unit type	Torbay	Devon wide	England	Trend of previous figures	Which way is better	RAG rating compared to England/goal
<b>A good start to life</b>									
7	Children in relative low income families (aged under 16) <sup>1</sup>	2022/23	%	21.5%	19.1%	19.8%		Lower is better	<span style="color: red;">●</span>
8	Good level of development at the end of the Early Years Foundation Stage <sup>2</sup>	2022/23	%	63.5%	66.2%	67.2%		Higher is better	<span style="color: red;">●</span>
9	Key Stage 2 pupils meeting the expected standard in reading, writing and maths (combined) <sup>3</sup>	2022/23	%	58.6%	56.5%	59.8%		Higher is better	<span style="color: yellow;">●</span>
10	Pupils with SEND (special educational needs and disabilities)	2023/24	%	18.8%	19.8%	18.1%		Lower is better	<span style="color: red;">●</span>
11	Children in care/ looked after	2023	Per 10,000	125	76	71		Lower is better	<span style="color: red;">●</span>
12	Population vaccination coverage- MMR (Measles, mumps and rubella) for two doses (aged 5 years)	2022/23	%	89.3%	91.8%	84.5%		Higher is better	<span style="color: red;">●</span>
13	Children overweight (including obesity) in year 6 <sup>4</sup>	2022/23	%	35.6%	31.7%	36.6%		Lower is better	<span style="color: yellow;">●</span>
14	16-17 year olds not in education, employment or training (NEET) or whose activity is not known	2023	%	7.4%	6.5%	5.2%		Lower is better	<span style="color: red;">●</span>

<sup>1</sup> Figures for the latest year are marked as provisional

<sup>2</sup> The statistics releases for 2019/20 and 2020/21 were cancelled due to COVID-19. Due to significant revision of the Early Years Foundation Stage profile (assessment framework) in 2021, the 2021/22 and 2022/23 figures are not comparable with previous years

<sup>3</sup> The statistics releases for 2019/20 and 2020/21 were cancelled due to COVID-19. Attainment is not directly comparable previous to 2017/18 due to changes in the writing teacher assessment frameworks in 2018

<sup>4</sup> 2017/18 and 2020/21 figures not published due to low participation rates, the latter year impacted by COVID-19



- The percentage of **children in relative low income families** (7) is 21.5% in Torbay in 2022/23 which is significantly higher (worse) than the England figure. This was also the case in the previous year. The percentage has been on an increasing trend since 2016/17. A family is defined as being in relative low income when their income is below 60% of the UK median income and they have claimed Universal Credit, Tax Credits and/or Housing Benefit in the year. These low income statistics do not take housing costs into account.
- Just over six out of ten children (63.5%) have attained a **good level of development at the end of the Early Years Foundation Stage (EYFS)** in 2022/23 in Torbay schools (8). This has remained level with the previous year while the England figure has risen by two percentage points which has made Torbay become significantly lower than the England figure in 2022/23. Data covers children who at the end of the EYFS are registered for government funded early years provision.
- **Key Stage 2, meeting the expected standard in reading, writing and maths** combined (9) is similar in Torbay to the England figure in 2022/23 (Torbay- 58.6%, England- 59.8%). Torbay's percentage is similar to the previous year. Figures published in 2018/19, before the COVID-19 pandemic, are significantly higher in Torbay at 66.0%, this is also the trend for England. Data covers state funded schools.
- The percentage of school pupils with **special educational needs and disabilities (SEND)** (10) is significantly higher than England at 18.8% in Torbay in 2023/24 and has been gradually increasing for the last four years. England's percentage is on an increasing trend. This encompasses children with special educational needs (SEN) support or an education, health and care (EHC) plan who are pupils in state-funded nursery, primary, secondary and special schools, non-maintained special schools and alternative provision schools.
- The rate of **children in care** (11) (also known as children cared for or looked after) remains significantly higher than the England average in 2023, as it has been in the previous years shown. Figures encompass children aged under 18 years and exclude those looked after under a series of short-term placements. The rate is as on 31 March of each year.
- Coverage of the **MMR vaccine** (two doses by aged five years) (12) has been on a decreasing trend for several years in Torbay. In 2022/23, 89.3% of five year olds had completed the course, this is red compared to the goal of 95% coverage. Torbay's coverage, however, has been significantly higher than the England average for the last eight years. England has been on a decreasing trend during this time.
- Over a third of **children in year 6 (10 to 11 year olds) are overweight (including obesity)** (13) in 2022/23. This is similar to the England figure as Torbay has been for the last decade (please note that there was no published data in 2017/18 or 2020/21). These figures are calculated from height and weight measurements taken by the National Child Measurement Programme.
- Torbay's percentage of **16/17 year olds who are NEET** (not in education, employment or training) or whose activity is not known (14) fluctuates for the five years shown and has increased since the year before at 7.4% in 2023 compared to 5.3% in 2022, higher than England. The figures for each year are the average of December of the previous year and January and February of the current year.

# Supporting people with multiple complex needs

*Programme update: On track*

Progress against the goals and actions for this workstream:

- The Growth in Action Alliance is well established, with collective ownership evolving. Significant work has been undertaken to move from three separate provisions to a single alliance, with further work identified.
- A mental health pathway and way of working is in place between the Alliance and mental health services, as well as a mental health support offer within the Alliance through Torbay Recovery Initiatives (TRI).
- Trauma informed training has been undertaken by staff with embedded practice. The Alliance is considering how to be trauma stabilising in their approach.
- As noted as a risk above, sourcing onward accommodation that is safe, affordable and of the expected standard is challenging.
- Complexity definitions are in place, and progression of a system approach is through family focused means such as Family Hubs.

*Risks and issues:*

Availability of suitable move-on accommodation for Hostel and Jatis community rehabilitation service remain constrained in Torbay. This is referenced on the Council risk register.

The central government early prison release initiative may lead to a spike in demand for accommodation and access into substance misuse treatment. The potential impact is being monitored, with sufficient criminal justice treatment capacity in the short-to-medium term.

The end of grant period for substance misuse and domestic abuse provisions on 31 March 2025 places a risk to the key provisions currently in place. The Growth in Action Alliance is reviewing the risk, and sustainability opportunities.

*Data report*

Number	Measure	Time period	Unit type	Torbay	Devon wide	England	Trend of previous figures	Which way is better	RAG rating compared to England/goal
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Supporting people with complex needs									
15	Domestic abuse crimes and incidents	2024/25 (Apr - Jun 24)	Number	1,017				Lower is better	N/A
16	Households owed a duty (prevention or relief) under the Homelessness Reduction Act	2022/23	Per 1,000	18.5	16.5	12.4		Lower is better	
17	Hospital admissions for alcohol related conditions (narrow definition)	2022/23	Per 100,000	575	475	475		Lower is better	
18	Successful drug treatment- opiate users (aged 18+)	Oct 22 - Sept 23 <sup>5</sup>	%	5.59%	3.95%	5.12%		Higher is better	
19	Successful alcohol treatment (aged 18+)	Oct 22 - Sept 23 <sup>5</sup>	%	34.72%	35.96%	34.10%		Higher is better	

<sup>5</sup> Reported quarterly as a rolling annual figure in this report

- The quarterly number of **domestic abuse crimes and incidents** (15) has fluctuated over the six years shown (from the beginning of 2018/19), with the total for the year 2023/24 being level with five years earlier in 2018/19. These are crimes and incidents recorded by the police and include domestic abuse non crime incidents. It should be taken into account that figures only relate to crimes and incidents that are reported. Domestic abuse is often not reported to the police so data held by the police can only provide a partial picture of the actual level of domestic abuse experienced.
- **Households owed a prevention or relief duty under the Homelessness Reduction Act** (16) is where a statutory duty is owed to assist eligible households who are threatened with homelessness within 56 days (prevention) or who are already homeless (relief). The Act came into force in 2018. Torbay is significantly higher than England for the four years with a 2022/23 rate of 18.5 per 1,000 households which equates to 1,188 Torbay households, compared to an England rate of 12.4 per 1,000.
- **Hospital admissions for alcohol related conditions** (narrow definition) (17) is where the primary diagnosis of someone admitted to hospital is an alcohol-related condition. Torbay's rate of alcohol related admissions is significantly higher than the England average in 2022/23 as it has been for all but one of the seven years of data. This is the case for both male and female admissions. The male rate is twice as high as the female rate as is the situation in England as a whole.
- **Drug and alcohol treatment** (18 & 19)- this is successfully completing treatment (free of drug(s) dependence) and then not re-presenting to treatment services within six months. The data is shown quarterly in this report with each data point being a rolling annual figure:
  - **Drugs-** the success rate for treatment for opiates is 5.59% in Oct 22 - Sept 23 which is similar to the England figure of 5.12%. The value has fluctuated over the years
  - **Alcohol-** the success rate for alcohol treatment is 34.72% in Oct 22 - Sept 23, similar to the England figure of 34.10%. The figure has been decreasing for the last couple of years

# Healthy Ageing

This work is overseen by the new *Torbay and South Devon Healthy Ageing Partnership Board* which reports into the *Torbay and South Devon Local Care Partnership*.

There are three key strands to the Healthy Ageing work:

- Policy
- Pathways
- Prevention.

Under the '*policy*' strand the key programme is *Age Friendly Torbay*. This is led by the Torbay Citizens Assembly and looks at how systems, policies and the environment can better promote healthy lives and encourage participation in community activities as we age [Age-Friendly Torbay – Torbay Assembly](#).

Under '*pathways*' are the clinical services – diagnostics, assessment and treatment – which lie within the NHS and Social Care in partnership with the voluntary and community sector. These cover the nature and quality of care from initial presentation to end of life. A key priority for this part of the programme has been the need to improve urgent and emergency response, and to increase the multi-disciplinary 'comprehensive geriatric assessment' which is the cornerstone leading to good onward care and support as someone becomes more frail. The NHS has led on the development and piloting of same day emergency care, and a new virtual ward scheme, for older patients, to avoid people spending time in a hospital setting when they would be more comfortable and better supported in their own home or care home. Voluntary sector organisations are key to the success of this model, often helping to provide the all important practical and social support.

Under '*prevention*' is the *Torbay healthy ageing and live longer better programme* [Live Longer Better – Torbay Assembly](#). This is led by a partnership of voluntary organisations and delivers training courses and ongoing support to promote physical, mental and cognitive health, and social connection.

The Torbay Live Longer Better programme has continued to provide courses through the year, adapting content to ensure the participants get the most out of the opportunity to build healthy behaviours and positive activities as they age. The team also run a Summer programme offering taster activities, and alumni events during the year bringing together people who have attended previous courses to reflect on their learning and progress as a wider group. A pilot with a local Primary Care Network is in development, targeting people with different levels of 'frailty' with a tiered offer. This will be evaluated with a view to wider roll out if successful.

## *Risks and issues:*

There is no recurrent funding for the Healthy Ageing programme bids are being made into different funding opportunities as these arise.

## *Data report*

Number	Measure	Time period	Unit type	Torbay	Devon wide	England	Trend of previous figures	Which way is better	RAG rating compared to England/goal
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**Healthy ageing**

20	Proportion who use adult social care services who reported that they had as much social contact as they would like (aged 65+)	2022/23	%	42.1%	44.0%	41.5%		Higher is better	
21	Healthy life expectancy at 65 (Female)	2018-20	Years	11.4	12.9	11.3		Higher is better	
22	Healthy life expectancy at 65 (Male)	2018-20	Years	10.9	12.1	10.5		Higher is better	
23	Population vaccination coverage - Flu (aged 65+)	2022/23	%	75.6%	80.6%	77.8%		Higher is better	
24	Emergency hospital admissions due to falls (aged 65+)	2022/23	Per 100,000	2,020	1,752	1,933		Lower is better	
25	Emergency hospital admissions due to hip fractures (aged 65+)	2022/23	Per 100,000	606	545	558		Lower is better	
26	Dementia- estimated diagnosis rate (aged 65+)	2024	%	61.4%	58.1%	64.8%		Higher is better	

- The proportion of Adult Social Care users aged 65+ who reported that they had **as much social contact as they would like** (20) rose slightly to 42.1% (England- 41.5%) in 2022/23, back to around pre COVID-19 levels. Percentages in the previous two years were in the early to mid 30s in Torbay- covering periods affected by social restrictions, guidance and anxiety caused by COVID-19 which is likely to have affected the figures.
- **Healthy life expectancy at 65** (21 & 22) shows the average number of years beyond the age of 65 that a person can expect to live in good health (rather than with a disability or in poor health). In 2018-20 (each period is reported annually as a rolling figure of three years combined) this was 11.4 years for females and 10.9 years for males in Torbay. For both females and males these figures are quite close to previous periods. Both females and males are similar to England figures.
- The percentage of **flu vaccinations of those aged 65+** (23) is measured based on the World Health Organisation target of 75%. Torbay has exceeded this for the last four years as has the England average. However, the national vaccine uptake ambition for 2023/24 was to equal or exceed the uptake levels of the previous year (2022/23) but both Torbay and England saw a decrease in uptake in 2023/24. Uptake has decreased in the last couple of years (2022/23 and 2023/24) after a steep increase in 2020/21 and a further rise in 2021/22.
- Torbay's rate of **emergency hospital admissions due to falls for those aged 65+** (24) is similar to England in 2022/23. The figure moves between significantly lower and similar to England over the last seven years. There is no discernible trend. Many falls injuries do not result in emergency hospital admissions so this does not show the extent of need in this area.
- The rate of **emergency hospital admissions due to hip fractures in people aged 65+** (25) has been broadly in line with England for the 13 years shown. This measures a primary diagnosis of fractured neck of femur. Those who suffer this debilitating injury can experience permanently lower levels of independence and the need to move into long term care.
- The **estimated diagnosis rate of dementia** (aged 65+) (26) measures the percentage of people diagnosed with dementia out of the number estimated to have it- therefore higher is better. Torbay's estimated diagnosis rate is on a generally decreasing trend in the eight years shown although it has slightly increased in 2024 to 61.4% but still below the goal of 66.7%. The England average has been increasing in the last three years.

## Engagement undertaken

The table below includes a summary of engagement work undertaken in each programme area over the last six months.

Mental health and wellbeing	Inclusion of mental health and wellbeing questions in the LGBTQ+ community engagement survey to help ascertain need, ability to access information and advice and the likelihood of this community reaching out for support.
Good start to life	<p>After low take up of Incredible Years Autism Spectrum Disorder (ASD) 14-week parenting programme, there has been a consultation with parents to condense learning into four-week workshops, starting in September. The course will be run by the Parenting/SEN Practice lead and supported by a Peer Supporter.</p> <p>How the course was designed collaboratively with parents who had undertaken previous courses, and parents waiting for support.</p> <p>As part of the UNICEF Baby Friendly Initiative Gold accreditation, 38 families were engaged with to understand their experiences of infant feeding support antenatally through to the first year of life. Initial findings have been positive and the final report will offer recommendations based on the views of families</p>
Multiple complex needs	<p>Coproduction is a central pillar of for the Alliance and there is a coproduction workstream in place.</p> <p>Dedicated resource has been commissioned from the Alliance through grant funding to enhance engagement capacity as part of the Human Learning Systems methodology. This has also been commissioned for domestic abuse outside of the Alliance.</p>
Healthy Ageing	The healthy ageing programme builds relationships with the people supported, so there are ongoing opportunities for them to feed into and influence delivery. Feedback and case studies were shared in the last report.

A further report on progress will be brought to the Board in March 2025, as work is started to develop the 2026 – 2030 Strategy.

## 5. Financial Opportunities and Implications

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5.1 None.

## 6. Engagement and Consultation

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6.1 Engagement is included in the Strategy progress reports in Section 2.

## 7. Tackling Climate Change

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7.1 Environmental sustainability is one of the cross-cutting areas in the Strategy.

## 8. Associated Risks

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8.1 No new significant risks identified. The risks remaining to the digital programme remain as detailed in the Health and Wellbeing Board risk register.

## 9. Equality Impacts - Identify the potential positive and negative impacts on specific groups

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	Positive Impact	Negative Impact & Mitigating Actions	Neutral Impact
Older or younger people	Y		
People with caring Responsibilities	Y		
People with a disability	Y		
Women or men	Y		
People who are black or from a minority ethnic background (BME) (Please note Gypsies / Roma are within this community)	Y		
Religion or belief (including lack of belief)	Y		
People who are lesbian, gay or bisexual	Y		
People who are transgendered	Y		

People who are in a marriage or civil partnership			Y
Women who are pregnant / on maternity leave			Y
Socio-economic impacts (Including impact on child poverty issues and deprivation)	Y		
Public Health impacts (How will your proposal impact on the general health of the population of Torbay)	Y		

## 10. Cumulative Council Impact

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10.1 None.

## 11. Cumulative Community Impacts

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11.1 Impact is expected to be positive if programmes are delivered.



